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Consultation Preparation Checklist

Before your first appointment, please contact your insurance company. Be sure to tell the representative your diagnosis, use billing codes 97802 and 97803, and ask for a reference number for the call.

Ask the following information about your plan:

1. Do I have benefits for my diagnosis?
2. How many visits am I allowed per calendar year?
3. Do I require a pre-authorization referral and/or insurance referral?
4. Do I have a copay, co-insurance, or a deductible?

In addition to calling the insurance company, your doctor's office will need to fax the following information to the number above:

1. A referral from your primary care physician. It should read: "Dietitian Consult & Treatment"
2. Your most recent progress note
3. Completed lab work